

# Groups for Gender Expansive Youth and their Caregivers

- Children through 5th grade
- Middle schoolers
- High schoolers



## Second Saturdays

**Kids through 5th grade**

**10:00-11:30am**

**Middle Schoolers**

**11:30-1:00pm**

**High Schoolers**

**11:30-1:00pm**

**Rochester, NY**

**For more information:**

**[emma@forbesjones.com](mailto:emma@forbesjones.com)**

## 2019 dates

January 12  
February 9  
March 9  
April 13  
May 11  
June 8  
July 13  
August 10  
September 14  
October 12  
November 9  
December 14

During this monthly meeting, young people meet together for social time with other kids like themselves. This is not a therapy group, but rather a space where kids can be themselves. Meanwhile, adult caregivers meet separately to discuss the additional challenges of raising a gender expansive young person.

Topics in the adult group include:

- Is this a phase?
- What if my child changes his/her mind?
- Are there other families like mine?
- How do I talk to friends, family, and co-workers about this?
- How do we find a good doctor (therapist, school, etc.)?
- My spouse and I disagree on how to address this issue.
- What do we do now?